

2023 WORKBOOK



LIFESYSTEMS



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FREEDOM TO GO FURTHER

Nothing impacts a great adventure quicker than falling ill or sustaining an injury. When you're outside your comfort zone or in an unfamiliar part of the world, the risks mount up. With Lifesystems® at your side, you can travel with confidence. We have protected adventurers and explorers for 30 years against whatever the elements and fate have thrown at them. We work with some of today's leading expedition and emergency medical experts so that, through constant research and scientific innovation, we can help you survive your toughest adventures.



OUTDOOR SURVIVAL

When it comes to adventurous trips, emergency situations usually arise in the worst conditions and that is when having equipment for outdoor survival is important. Being prepared for all situations and ensuring you have the right kit is the first step for any person who loves the outdoors.

Fire & Survival

Emergency situations usually arise in the worst conditions and being able to signal for help in fog or cloud is important for any person who loves the outdoors. Being prepared and having the right kit is essential.



Mountain Whistle

- 108dB loudness
- High pitch single tone
- Anodised alloy body
- Key-ring attachment

Dims: 12 x 12 x 60 mm
Weight: 11 g

2240

EAN 5 031863 002240



Echo Whistle

- 108dB loudness
- High pitch single tone
- Floats on water
- Key ring and attachment clip

Dims: 13 x 12 x 63 mm
Weight: 12 g

42610

EAN 5 031863 426107



Safety Whistle

- 116dB loudness
- Duo-tone sound
- Floats on water
- Neck lanyard and attachment clip

Dims: 21 x 19 x 72 mm
Weight: 13 g

2250

EAN 5 031863 022507



Hurricane Whistle

- 122dB loudness
- Tri-tone sound
- Floats on water
- Neck lanyard and attachment clip

Dims: 13 x 23 x 63 mm
Weight: 15 g

42620

EAN 5 031863 426206



Plasma Lighter

- Windproof plasma arc beam
- Push-button ignition
- Telescopic design
- Rechargeable (cable included)

Dims: 94 x 34 x 15 mm | Weight: 118 g

42250

EAN 5 031863 422505



Fire Starter

- Ferrocium spark rod
- Stainless steel striker
- 3500 strikes
- Works in all conditions & altitudes

Dims: 76 x 18 x 25 mm | Weight: 27 g

42213

EAN 5 031863 422130



Dual-Action Fire Starter

- Ferrocium spark rod
- Integrated stainless steel striker
- Magnesium tinder rod
- 8000 strikes

Dims: 86 x 27 x 24 mm | Weight: 58 g

42214

EAN 5 031863 422147



Stormproof Matches

- Tough water-tight container with strikers
- Windproof & waterproof matches
- Extra long match length (65mm)
- 20 seconds burn time

Dims: 80 x 38 x 38 mm | Weight: 60 g

42230

25 MATCHES (WITH POT)
EAN 5 031863 422307

42235

REFILL PACK - 15 MATCHES
EAN 5 031863 422352



Easy-Light Tinder

- 10 tinder rolls
- Up to 4 minutes burn time (per roll)
- Quick to ignite
- Works in all weather conditions

Dims: 10 x 50 x 60 mm | Weight: 20 g

42240

EAN 5 031863 422406



Paracord

NEW

- 4mm 7-strand Nylon paracord
- Ideal for the majority of survival tasks
- 550lbs tensile strength
- Reflective flecks

Dims: 33 metres | Weight: 220 g

42530

EAN 5 031863 425308

Thermal Protection

Our thermal protection range contains items considered by mountain rescue services to be essential in case of an emergency. Keeping warm, if you are unfortunate enough to have an accident, is essential.



Survival Bag

- Whole body coverage
- SOS printed-instructions
- Heavy duty polyethylene with welded seams
- Lightweight, flexible, compact & strong
- Highly visible, windproof & waterproof

Dims: 2100 x 1050 mm | Weight: 290 g

2090

EAN 5 031863 020909



Thermal Blanket

- Heat reflective metallised polyester
- Lightweight, flexible, compact & strong
- Highly visible & radar reflective
- Windproof & waterproof

Dims: 2100 x 1400 mm | Weight: 55 g

42120

EAN 5 031863 421201



Thermal Bag

- Whole body coverage with taped seams
- Heat reflective metallised polyester
- Lightweight, flexible, compact & strong
- Highly visible & radar reflective
- Windproof & waterproof

Dims: 2200 x 1000 mm | Weight: 180 g

42130

EAN 5 031863 421300

Reusable Thermal Protection



HeatShield Blanket

- Heat reflective
- Metallised low-density polyethylene
- Reusable & tear-resistant material
- Highly visible & radar reflective
- Printed emergency survival information
- Windproof & waterproof

Dims: 2100 x 1500 mm | Weight: 84 g

42160

EAN 5 031863 421607



HeatShield Double Blanket

- Heat reflective
- Metallised low-density polyethylene
- Reusable & tear-resistant material
- Highly visible & radar reflective
- Sized to fit two people
- Printed emergency survival information
- Windproof & waterproof

Dims: 2500 x 1500 mm | Weight: 98 g

42170

EAN 5 031863 421706



HeatShield Bag

- Heat reflective, windproof, waterproof
- Metallised low-density polyethylene
- Reusable & tear-resistant material
- Whole body coverage with taped seams
- Highly visible & radar reflective
- Printed emergency survival information
- Storage bag included (70 x 60 x 60mm packed size)

Dims: 2100 x 900 mm | Weight: 104 g

42150

EAN 5 031863 421508

Survival Shelters

Survival shelters are used by mountain rescue teams, outdoor centres, hiking clubs and youth groups.



Ultralight Survival Shelter 2

- Designed to fit 2 people
- Ultra-lightweight 20D siliconised fabric
- 3000mm hydrostatic head
- Waterproof seating panels + air-vent
- Reflective strips for increased visibility
- Integral stuff sack (140 x 75 x 75mm packed size)

Dims: 1400 x 900 x 450 mm | Weight: 180 g

42330

EAN 5 031863 423304



Survival Shelter 2

- Designed to fit 2 people
- Tough PU coated fabric with taped seams
- 5000mm hydrostatic head
- Waterproof seat panels + air-vent + window
- Reflective strips for increased visibility
- Integral stuff sack (200 x 100 x 100mm packed size)

Dims: 1400 x 900 x 450 mm | Weight: 345 g

42311

EAN 5 031863 423113



Survival Shelter 4

- Designed to fit 4 people
- Tough PU coated fabric with taped seams
- 5000mm hydrostatic head
- Waterproof seat panels + air-vent + window
- Reflective strips for increased visibility
- Integral stuff sack (220 x 120 x 120mm packed size)

Dims: 1400 x 900 x 800 mm | Weight: 510 g

42321

EAN 5 031863 423212

Hand Warmers

Reusable Hand Warmers

- Simple to use and non-toxic
- Easy click-to-activate
- Boil to recharge
- Max temperature 54°C (130°F)
- Twin pack

Dims: 90 x 90 x 15 mm
Weight: 118 g



42450

EAN 5 031863 424509

Rechargeable Hand Warmer

- Dual heat plates for 360 degree heat
- Easy to operate - 4 heat settings
- Heats up in 10 seconds
- Provides 3-6 hours heat
- 5200mAh battery capacity
- Power bank function
- USB rechargeable

Dims: 58 x 104 x 28 mm
Weight: 141 g



42460

EAN 5 031863 424608

10,000mAh Hand Warmer

NEW

- Dual heat plates for 360 degree heat
- Easy to operate - 4 heat settings
- Heats up in 10 seconds
- Provides 6-12 hours heat
- 10,000mAh battery capacity
- Power bank function
- USB rechargeable

Dims: 58 x 117 x 32 mm
Weight: 226 g



42461

EAN 5 031863 424615

Dual-Palm Hand Warmers

NEW

- Dual magnetic hand warmers
- Easy to operate - 4 heat settings
- Heats up in 10 seconds
- Provides 3-6 hours heat
- 2 x 5000mAh battery capacity
- Power bank function
- USB rechargeable

Dims: 65 x 108 x 20 mm (each)
Weight: 138 g



42462

EAN 5 031863 424622

Torches & Lighting

Lifesystems torches and head torches use LED technology, offering exceptional battery life and brightness.



Intensity 155 Head Torch

- Up to 155 lumens brightness
- 17-62 metres adjustable beam
- CREE XPG3 S2 white LED + 2 x 5mm red LEDs
- 7 lighting modes including SOS flashing
- IPX6 water resistant body
- 1 x AA alkaline battery (included)
- Up to 35 hours battery life

Dims: 62 x 38 x 28 mm | Weight: 72 g

42015

EAN 5 031863 420150



Intensity 220 Head Torch NEW

- Up to 220 lumens brightness
- 23-45 metres adjustable beam
- CREE white LED + 2 x 5mm red LEDs
- 6 lighting modes with motion sense
- IPX6 water resistant body
- Rechargeable Li-ion battery (included)
- Up to 21 hours battery life

Dims: 62 x 40 x 36 mm | Weight: 70 g

42075

EAN 5 031863 420754



Intensity 280 Head Torch

- Up to 280 lumens brightness
- 13-90 metres adjustable beam
- CREE XPG3 S2 white LED + 2 x 5mm red LEDs
- 7 lighting modes including SOS flashing
- IPX6 water resistant body
- Rechargeable Li-ion battery (included)
- Up to 137 hours battery life

Dims: 62 x 40 x 36 mm | Weight: 90 g

42025

EAN 5 031863 420259



Intensity 500 Head Torch

- Up to 500 lumens brightness
- 35-150 metres adjustable beam
- CREE XP-L white LED
- 5 lighting modes including SOS flashing
- IP64 water resistant body
- Rechargeable Li-ion battery (included)
- Up to 21 hours battery life

Dims: 67 x 46 x 45 mm | Weight: 97 g

42090

EAN 5 031863 420907



Intensity 480 Torch NEW

- Up to 480 lumens brightness
- 35-150 metres adjustable beam
- High-power Nichia white LED
- 4 lighting modes including flashing
- IPX6 water resistant aluminium body
- 2 x AA 1.5V alkaline batteries (included)
- Up to 35 hours battery life

Dims: 158 x 29 x 29 mm | Weight: 150 g

42065

EAN 5 031863 420655



Intensity 545 Torch NEW

- Up to 545 lumens brightness
- 45-200 metres adjustable beam
- High-power Nichia white LED
- 5 lighting modes including flashing
- Water resistant aluminium body
- Rechargeable Li-ion battery (included)
- Up to 16 hours battery life

Dims: 133 x 29 x 29 mm | Weight: 113 g

42061

EAN 5 031863 420617



Glow Marker

- Photo-luminescent marker
- Cable-ring attachment
- 5 minute charge - glows for 12hrs
- Rechargeable for up to 10 years

Dims: 14 x 6 x 50 mm | Weight: 6 g

42401

ORANGE
EAN 5 031863 424011

42402

BLUE
EAN 5 031863 424028

42405

GREEN
EAN 5 031863 424059



Glow Sticks

- Pack of 2 - individually foil wrapped
- Hook and gate top clip + lanyard included

Dims: 19 x 16 x 165 mm | Weight: 24 g (each)

42420

WHITE (8 HOURS GLOW TIME)
EAN 5 031863 424202

42410

GREEN/ORANGE (15 HOURS GLOW TIME)
EAN 5 031863 424103



Water Purification

Our water purification range is designed to kill viruses and bacteria in water.



Chlorine Tablets

- Treats up to 60 litres of water
- Kills bacteria & viruses
- Pack of 60 tablets

Dims: 48 x 72 x 20 mm | Weight: 11 g

3120

EAN 5 031863 003124



Chlorine Dioxide Tablets

- 30 tablets: Treats up to 30 litres
- Kills bacteria, viruses & cysts
- No significant after-taste

Dims: 52 x 90 x 12 mm | Weight: 8 g

44020

EAN 5 031863 440202



Chlorine Dioxide Drops

- 2 x 30ml: Treats up to 60 litres
- Kills bacteria, viruses & cysts
- No significant after-taste

Dims: 55 x 80 x 30 mm | Weight: 90 g

44010

EAN 5 031863 440103

Sun Creams

Protect exposed skin from harmful rays with our sun protection range. All of our sun creams have high SPF ratings and contain broad spectrum, photostable UV filters that protect the skin from both UVA and UVB rays.



40131

BOX OF 8

100ML TUBE

EAN 5 031863 401319

40121

BOX OF 8

50ML TUBE

EAN 5 031863 401210

40040

20ML COMBI

EAN 5 031863 400404

40020

BOX OF 16

4.8G SUN STICK

EAN 5 031863 400206

40321

BOX OF 8

100ML TUBE

EAN 5 031863 403214

40311

BOX OF 8

50ML TUBE

EAN 5 031863 403115

Mountain Sun Cream

- 8 hour protection
- SPF 50+ & 5-star UVA (Sun Stick SPF30)
- Broad-spectrum, photostable filters
- Sweat resistant & moisturising
- High-altitude performance

Weights: 117 g (100ml), 70 g (50ml), 37 g (20ml), 16 g (Sun Stick)

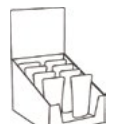


SUPPLIED IN
CDU BOX ONLY
(Except Combi Stick)

Sport Sun Cream

- 8 hour protection
- SPF 50+ & 5-star UVA
- Broad-spectrum, photostable filters
- Highly water & sweat resistant
- Anti-jellyfish formula

Weights: 117 g (100ml), 70 g (50ml)



SUPPLIED IN
CDU BOX ONLY



FIRST AID KITS

The iconic red cases are synonymous with Lifesystems first aid kits. Each pack incorporates the use of hard wearing ripstop fabrics and waterproof zips which provide that extra level of durability and protection. The smaller packs feature belt loop attachments and the larger versions have our excellent Quick-Find system to allow components to be located easily.

Outdoor First Aid Kits

Climbers, mountaineers and trekkers will inevitably find themselves off the beaten track from time to time. If any injuries are sustained, it is important to have a well equipped first aid kit to hand.



Blister

Contents: Fabric plasters, 5 blister plasters, blister stick, antiseptic wipes.

Dims: 125 x 80 x 45 mm
Weight: 75 g

1003

EAN 5 031863 010030



Outdoor

Contents: Primary care leaflet, cohesive bandage, tweezers, antiseptic wipes, burn gel, sterile adherent dressing, small eyepad dressing, low-adherent dressing, fabric plasters, blister plaster.

Dims: 125 x 80 x 45 mm
Weight: 100 g

20220

EAN 5 031863 202206



Pocket

Contents: Primary care leaflet, low-adherent dressings, adherent dressing, woven bandage, fabric plasters, blister plasters, micropore tape, crepe bandage, antiseptic cream (UK only), antiseptic wipes, burn gel, scissors, tweezers, safety pins.

Dims: 125 x 80 x 45 mm
Weight: 180 g

1040

EAN 5 031863 001045



Trek

Contents: Primary care leaflet, low-adherent dressings, adherent dressing, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, micropore tape, crepe bandage, antiseptic wipes, burn gel, paracetamol (UK only), scissors, tweezers, safety pins.

Dims: 140 x 110 x 50 mm
Weight: 241 g

1025

EAN 5 031863 010252



Adventurer

Contents: Primary care leaflet, low-adherent dressing, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, burn gel, micropore tape, crepe bandage, triangular bandage, medium dressing, paracetamol (UK only), antiseptic wipes, scissors, tweezers, safety pins.

Dims: 150 x 130 x 80 mm | Weight: 330 g

1030

EAN 5 031863 010306



Explorer

Contents: Primary care leaflet, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, burn gel, zinc oxide tape, crepe bandage, triangular bandage, medium dressing, fabric dressing strip, wound closure strips, paracetamol (UK only), ibuprofen (UK only), antiseptic wipes, thermometer, scissors, tweezers, safety pins.

Dims: 170 x 130 x 60 mm | Weight: 395 g

1035

EAN 5 031863 010351



Camping

Contents: Primary care leaflet, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, burn gel, zinc oxide tape, micropore tape, crepe bandage, triangular bandage, medium dressing, eye-pad dressing, fabric dressing strip, wound closure strips, paracetamol (UK only), antiseptic wipes, eyewash, duct tape, thermometer, scissors, tweezers, safety pins.

Dims: 170 x 130 x 60 mm | Weight: 452 g

20210

EAN 5 031863 202107

Outdoor First Aid Kits

We have worked closely with expedition doctors to ensure that our range of outdoor first aid kits are equipped to cover a wide range of common injuries.



Mountain

Contents: Primary care leaflet, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, burn gel, zinc oxide tape, micropore tape, crepe bandage, triangular bandage, medium dressing, eye-pad dressing, fabric dressing strip, wound closure strips, paracetamol (UK only), ibuprofen (UK only), antiseptic wipes, duct tape, glow stick, thermometer, scissors, shears, tweezers, safety pins.

Dims: 200 x 140 x 90 mm | Weight: 700 g

1045

EAN 5 031863 010450



Mountain Leader

Contents: Primary care leaflet, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, burn gel, zinc oxide tape, micropore tape, crepe bandage, triangular bandage, medium dressing, eye-pad dressing, fabric dressing strip, wound closure strips, paracetamol (UK only), ibuprofen (UK only), antiseptic wipes, duct tape, glow stick, thermometer, resuscitation aid, scissors, shears, tweezers, safety pins.

Dims: 230 x 180 x 100 mm | Weight: 930 g

1050

EAN 5 031863 010504



Mountain Leader Pro

Contents: Primary care leaflet, dental care leaflet, sterile info card, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, burn gel, zinc oxide tape, micropore tape, crepe bandage, triangular bandage, medium dressing, eye-pad dressing, fabric dressing strip, wound closure strips, paracetamol (UK only), ibuprofen (UK only), antiseptic wipes, duct tape, glow stick, thermometer, resuscitation aid, scissors, shears, tweezers, safety pins, hypodermic needles and syringes, scalpel, synthetic suture, dental mirror, spatula, clove oil (UK only), cotton rolls, filling cement.

Dims: 290 x 190 x 110 mm | Weight: 1130 g

1055

EAN 5 031863 010559

First Aid Kit Accessories



Dressings Refill

Contents: Low-adherent dressings, nitrile gloves, gauze swabs, fabric plasters, blister plasters, micropore tape, fabric dressing strip, wound closure strips, antiseptic wipes.

Dims: 200 x 125 x 50 mm | Weight: 111 g

27010

EAN 5 031863 270106



First Aid Case

An empty first aid case which can be used to create a fully customised kit to meet your specific requirements. Features zip closure and several internal clear pockets.

Dims: 210 x 160 x 60 mm | Weight: 140 g

2350

EAN 5 031863 023504



First Aid Dry Bag

An empty dry bag to protect your first aid kit in wet conditions. Features fully taped seams, hanging loop and a strap on the base. Roll-top closure with ultralight buckle and 2 litres capacity.

Dims: 330 x 180 x 128 mm | Weight: 50 g

27120

EAN 5 031863 271202

Waterproof First Aid Kits

Light & Dry first aid kits combine super-lightweight fabrics with space-saving design and waterproof inner bags, making them ideal for activities requiring minimal gear.

16 ITEMS **OMM** RECOMMENDED



Light & Dry Nano

Contents: Primary care leaflet, cohesive bandage, gauze swabs, adherent dressing, pack of plasters, blister plaster, antiseptic wipes, zinc oxide tape, sun cream sachet, pack of safety pins, Loc-Top waterproof bag.

Dims: 130 x 120 x 35 mm
Weight: 95 g

20040 EAN 5 031863 200400

32 ITEMS



Light & Dry Micro

Contents: Primary care leaflet, cohesive bandage, pack of plasters, blister plasters, wound closure strips, gauze swabs, adherent dressing, antiseptic wipes, zinc oxide & micropore tape, chlorine tablets, sun cream sachet, pack of safety pins, ibuprofen (UK only), Loc-Top waterproof bag.

Dims: 150 x 120 x 45 mm
Weight: 135 g

20010 EAN 5 031863 200103

42 ITEMS



Light & Dry Pro

Contents: Primary care leaflet, cohesive bandage, adherent dressings, pack of plasters, blister plasters, wound closure strips, gauze swabs, antiseptic cream & wipes, zinc oxide & micropore tape, chlorine tablets, sun cream sachets, pack of safety pins, nitrile gloves, ibuprofen (UK only), Loc-Top waterproof bag.

Dims: 160 x 140 x 50 mm
Weight: 156 g

20020 EAN 5 031863 200202

32 ITEMS

QUICK FIND system

DE RECOMMENDED KIT



Waterproof

Contents: Primary care leaflet, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, burn gel, micropore tape, crepe bandage, triangular bandage, medium dressing, fabric dressing strip, paracetamol (UK only), antiseptic wipes, thermometer, resuscitation aid, scissors, tweezers, safety pins.

Dims: 295 x 165 x 85 mm
Weight: 500 g

2020 EAN 5 031863 020206



Travel First Aid Kits

World travel can take you to remote places which lack basic emergency first aid equipment. Doctors recommend that you take sterile equipment, a well equipped first aid kit and any medication you require.



Mini Sterile

Contents: Primary care leaflet, sterile info card, nitrile gloves, antiseptic wipes, hypodermic needles, syringes, scalpel.

Dims: 125 x 80 x 45 mm
Weight: 90 g

1015 EAN 5 031863 010153



Sterile

Contents: Primary care leaflet, sterile info card, nitrile gloves, fabric plasters, micropore tape, wound closure strips, antiseptic wipes, hypodermic needles and syringes, scalpel, synthetic suture, I.V. cannula.

Dims: 140 x 90 x 50 mm
Weight: 185 g

1010 EAN 5 031863 001014



Sterile Pro

Contents: Primary care leaflet, sterile info card, nitrile gloves, fabric plasters, micropore tape, wound closure strips, antiseptic wipes, hypodermic needles, syringes, scalpel, synthetic suture, I.V. cannula, I.V. dressing, multiset transfusion set.

Dims: 180 x 90 x 50 mm
Weight: 220 g

24010 EAN 5 031863 240109



Traveller

Contents: Primary care leaflet, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, zinc oxide tape, micropore tape, crepe bandage, medium dressing, wound closure strips, paracetamol (UK only), loperamide tablets (UK only), antiseptic wipes, duct tape, thermometer, scissors, tweezers, safety pins.

Dims: 170 x 120 x 60 mm | Weight: 365 g

1060 EAN 5 031863 010603



Solo Traveller

Contents: Primary care leaflet, sterile info card, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, zinc oxide tape, micropore tape, crepe bandage, medium dressing, fabric dressing strip, wound closure strips, paracetamol (UK only), ibuprofen (UK only), loperamide tablets (UK only), antiseptic wipes, duct tape, thermometer, scissors, tweezers, safety pins, hypodermic needles and syringes, scalpel, synthetic suture, I.V. cannula.

Dims: 190 x 140 x 90 mm | Weight: 505 g

1065 EAN 5 031863 010658





INSECT REPELLENTS

Our insect repellents provide effective protection against mosquitoes and other biting insects in all environments. Our range is for those looking to avoid or soothe insect bites and even for those who need to remove ticks. With both DEET and DEET free repellents, Lifesystems is able to cater for all situations.

DEET Mosquito Repellents

In regions where biting insects like mosquitoes are common, there is a risk of contracting diseases such as malaria and Zika. Our DEET-based repellents have been designed to offer lasting protection and tested using the latest efficacy guidelines.

Expedition MAX

An advanced mosquito repellent with our unique DermaLOC technology which locks the DEET on the surface of the skin. Offering 8 hours protection per application, it can be applied multiple times to provide 24 hour protection.

100ML: ø40 x 138 mm | Weight: 132 g

50ML: ø35 x 115 mm | Weight: 76 g

25ML: ø20 x 105 mm | Weight: 35 g



DermaLOC[®]
technology



33010 100ML

EAN 5 031863 330107



33050 50ML

EAN 5 031863 330503



33025 25ML

EAN 5 031863 330251

Expedition 50 PRO

A dual-action mosquito repellent which provides up to 7 hours protection per application. It can be applied multiple times to provide 14h total daily protection and is suitable for children age 6+.

100ML: ø40 x 138 mm
Weight: 132 g

50ML: ø35 x 115 mm
Weight: 76 g

25ML: ø20 x 105 mm
Weight: 35 g



33011 100ML

EAN 5 031863 330114



33051 50ML

EAN 5 031863 330510



33026 25ML

EAN 5 031863 330268

DEET-Free Mosquito Repellents

Lifesystems provides a range of DEET-free insect repellents utilising both synthetic and natural active ingredients for use in areas with a low risk of insect-borne disease.

Expedition Sensitive

The active ingredient Saltidin[®] is proven by scientific research to effectively repel mosquitoes, midges, and ticks. Suitable for children age 2 years and over.

100ML: ø40 x 138 mm | Weight: 132 g

50ML: ø35 x 115 mm | Weight: 76 g

25ML: ø20 x 105 mm | Weight: 35 g



34330 100ML

EAN 5 031863 343305



34320 50ML

EAN 5 031863 343206



34310 25ML

EAN 5 031863 343107

DEET-Free Repellents

Targeted protection from midges and ticks, our midge and tick formulas are DEET-free. If you do get a bite or sting we've got you covered with our insect bite treatments which include a bite relief click and a roll-on.

Expedition Midge

Lifesystems midge repellent formula contains the active ingredient Saltidin® to provide increased protection from midges and small insects.

Dims: ø40 x 138 mm
Weight: 132 g

34420

100ML

EAN 5 031863 344203



8h protection



Suitable for children age 2+



Expedition Tick

Lifesystems tick repellent formula contains the active ingredient Saltidin® to provide targeted protection from ticks.

Dims: ø20 x 105 mm
Weight: 35 g

34040

25ML

EAN 5 031863 340403



10h protection



Suitable for children age 2+



Expedition Natural

Formulated from a blend of natural plant oils, our natural repellent provides effective protection for the whole family.

Dims: ø40 x 138 mm
Weight: 132 g

34430

100ML

EAN 5 031863 344302



6h protection



Suitable for children age 6m+



Insecticides

When travelling or camping, mosquito smoke coils are very effective at controlling unwanted insects outside. Our EX4 spray-on fabric treatment can also offer an effective layer of protection to the fibres of clothing, tents, mosquito nets, blankets and sleeping bags.

EX4 AntiMosquito

A spray-on treatment for fabrics. Adds a lasting layer of protection. Ideal for use on clothing, tents, mosquito nets etc. Treatment lasts for up to 2 weeks.

Dims: 85 x 85 x 210 mm
Weight: 330 g

6350

350ML

EAN 5 031863 063500



Mosquito Coils

- Each coil treats 20m³ approx.
- Each coil lasts up to 4½ hours
- Pack of 10 coils + 2 stands
- 45 hours protection in total

Dims: 110 x 100 x 30 mm
Weight: 138 g

7050

10 COILS

EAN 5 031863 007054



Bite Relief & Tick Removal

If you are unfortunate enough to get bitten, stung or have a tick, we've got you covered with our range of treatments and reliefs.



Tick Card

- Credit-card sized tick remover
- Magnifying lens
- For any size of tick

Dims: 85 x 54 x 1 mm
Weight: 6 g

34020

EAN 5 031863 340205



Tick Tool

- Key-ring sized tick remover
- Magnifying lens
- For any size of tick

Dims: 54 x 36 x 1 mm
Weight: 2 g

34021

EAN 5 031863 340212



Tick Tweezers

- Stainless steel with plastic sleeve
- Ergonomically designed
- For any size of tick

Dims: 120 x 10 x 10 mm
Weight: 18 g

6580

EAN 5 031863 065801



Compact Tick Tweezers

- Stainless steel with plastic sleeve
- Compact key-ring sized design
- For any size of tick

Dims: 60 x 10 x 10 mm
Weight: 10 g

34022

EAN 5 031863 340229



Bite & Sting Relief

Uses natural witch hazel extract and aloe vera to quickly reduce irritation caused by bites and stings.

Dims: 130 x 20 x 30 mm
Weight: 25 g

34230

20ML ROLL-ON
EAN 5 031863 342308



NEW

Mini Click

Soothes bites using a piezoelectric pulse, reducing irritation and swelling.

Dims: 43 x 24 x 18 mm
Weight: 5 g

34235

EAN 8 022386 063037



MOSQUITO NETS

Malaria causes more than 300 million acute illnesses and at least one million deaths every year. In countries where insect-borne diseases are common, a mosquito net is an important accessory. Our range of travel mosquito nets are incredibly tough and are treated with EX8 AntiMosquito that offers an additional barrier against biting insects.

Travel Nets

We offer a selection of nets to ensure you can put your net up and stay bite-free, no matter where in the world you are.



Superlight MicroNet - Single

- Compact single wedge-shaped net
- EX8 AntiMosquito long-life impregnation
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Quick-Hang system allows easy adjustment and repositioning of the net
- Pre-attached hanging cord
- Hanging hooks included

Dims: 2100 x 1000 x 1400 mm
Packed Dims: 160 x 80 x 80 mm
Weight: 190 g

5003

EAN 5 031863 050036



MicroNet - Single

- Single wedge-shaped net with spreader bar
- EX8 AntiMosquito long-life impregnation
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Quick-Hang system allows easy adjustment and repositioning of the net
- Pre-attached hanging cord
- Hanging hooks included

Dims: 2100 x 1000 x 1600 mm
Packed Dims: 190 x 100 x 100 mm
Weight: 257 g

5001

EAN 5 031863 050012



MicroNet - Double

- Double wedge-shaped net with spreader bar
- EX8 AntiMosquito long-life impregnation
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Quick-Hang system allows easy adjustment and repositioning of the net
- Pre-attached hanging cord
- Hanging hooks included

Dims: 2100 x 1600 x 1600 mm
Packed Dims: 210 x 100 x 100 mm
Weight: 379 g

5006

EAN 5 031863 050067



BoxNet - Single

- Single box-shaped net
- EX8 AntiMosquito long-life impregnation
- Requires 4 hanging points.
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Hanging cord and hooks included

Dims: 2100 x 1000 x 1500 mm
Packed Dims: 190 x 100 x 100 mm
Weight: 390 g

5550

EAN 5 031863 055505



BoxNet - Double

- Double box-shaped net
- EX8 AntiMosquito long-life impregnation
- Requires 4 hanging points.
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Hanging cord and hooks included

Dims: 2100 x 1600 x 1500 mm
Packed Dims: 210 x 100 x 100 mm
Weight: 476 g

5560

EAN 5 031863 055604



BellNet - Double

- Double bell-shaped net with spreader bars
- EX8 AntiMosquito long-life impregnation
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Quick-Hang system allows easy adjustment and repositioning of the net
- Pre-attached hanging cord + hooks included

Dims: 2450 x 2450 x 2300 mm
Packed Dims: 270 x 100 x 100 mm
Weight: 661 g

5041

EAN 5 031863 050418

Travel Nets

We offer a selection of nets to ensure you can put your net up and stay bite-free no matter where in the world you are.



ArcNet Self-Supporting - Single

- Single wedge-shaped freestanding bed net
- EX8 AntiMosquito long-life impregnation
- Requires no hanging
- Freestanding design with aluminium pole
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Twin zipped doors for easy access
- Designed to fit any single mattress

Dims: 1950 x 950 x 1170 mm
 Packed Dims: 320 x 120 x 120 mm
 Weight: 690 g

36030 EAN 5 031863 360302



ArcNet Self-Supporting- Double

- Double wedge-shaped freestanding bed net
- EX8 AntiMosquito long-life impregnation
- Requires no hanging
- Freestanding design with aluminium pole
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Twin zipped doors for easy access
- Designed to fit any double mattress

Dims: 1950 x 1400 x 1350 mm
 Packed Dims: 360 x 120 x 120 mm
 Weight: 840 g

36040 EAN 5 031863 360401



Expedition GeoNet - Single

- Single freestanding Mosquito Net
- Fine black mesh netting - 1001 holes per sq. inch
- Freestanding dome-shaped net for 1 person
- Built-in durable, waterproof ground sheet
- Lightweight aluminium poles
- Internal pocket and attachment points

Dims: 2100 x 865 x 900 mm
 Packed Dims: 380 x 100 x 100 mm
 Weight: 1100 g

36210 EAN 5 031863 362108



Expedition SoloNet - Single

- Single wedge-shaped net with a spreader bar
- Fine black mesh netting - 1001 holes per sq. inch
- Built-in durable, waterproof ground sheet
- Zipped side door for easy access
- Quick-Hang system allows easy adjustment and repositioning of the net
- Pre-attached hanging cord + hooks included

Dims: 2100 x 1100 x 1800 mm
 Packed Dims: 260 x 100 x 100 mm
 Weight: 720 g

36020 EAN 5 031863 360203

Head Nets & Accessories

As well as offering a range of mosquito nets, we provide a range of accessories including hanging kits and head nets.



Head Net

- Black mesh - 1001 holes per sq. inch
- Midge & mosquito-proof netting
- Comes with compact storage bag
- Draw-cord closure at the neck

Dims: 330 x 330 x 460 mm
Weight: 40 g

5060

EAN 5 031863 005067



Head Net Hat

- Black mesh - 1001 holes per sq. inch
- Midge & mosquito-proof netting
- Pop-up design folds flat when not in use
- Draw-cord closure at the neck

Dims: 400 x 400 x 460 mm
Weight: 100 g

5065

EAN 5 031863 050654



Net Hanging Kit

- 12m length of nylon cord
- Pack of safety pins
- 4 suction hooks
- 4 screw-in hooks
- 4 self-adhesive hooks (with instructions)
- 4 replacement adhesive pads

Dims: 70 x 110 x 35 mm
Weight: 68 g

5150

EAN 5 031863 005159



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